

# The 2026 Monitoring Program\*

The following substances are placed on the 2026 Monitoring Program:

## 1. Anabolic Agents:

*In and Out-of-Competition:* Ecdysterone

## 2. Peptides Hormones, Growth Factors, Related Substances, and Mimetics:

*In and Out-of-Competition:* Gonadotrophin-releasing hormone (GnRH) analogues in females under 18 years only.

## 3. Hypoxen (polyhydroxyphenylene thiosulfonate sodium):

*In and Out-of-Competition*

## 4. Stimulants:

*In-Competition only:* Bupropion, caffeine, nicotine, phenylephrine, phenylpropanolamine, pipradrol and synephrine.

## 5. Narcotics:

*In-Competition only:* Codeine, dermorphin (and its analogues), dihydrocodeine, hydrocodone and tapentadol

*Out-of-Competition:* Fentanyl and tramadol

## 6. Markers of Semaglutide and Tirzepatide:

*In and Out-of-Competition*

\*The World Anti-Doping Code (Article 4.5) states: "WADA, in consultation with Signatories and governments, shall establish a monitoring program regarding substances which are not on the Prohibited List, but which WADA wishes to monitor in order to detect potential patterns of misuse in sport."